

# HIFDH CHALLENGE



# سورة النبأ

SŪRAH AL-NABA'

MEMORISE, UNDERSTAND AND REFLECT!

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# INTRODUCTION

Allāh (swt) says in the Holy Qur'ān:

وَلَقَدْ يَسَّرْنَا الْقُرْآنَ لِلذِّكْرِ فَهَلْ مِنْ مُدَكِّرٍ

*"And certainly We have made the Qur'ān easy for remembrance, but is there anyone who will mind?"*

(Sūrah Al-Qamar, 54:17)

This hifdh challenge workbook is designed to help you memorise Sūrah Al-Naba' while reading and reflecting on its meaning.

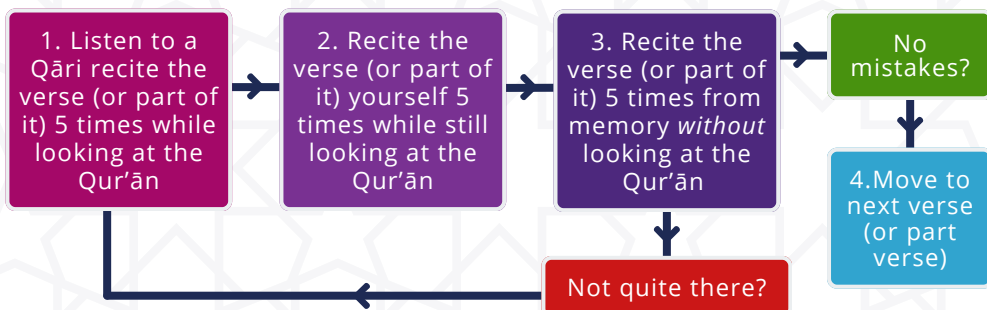
May Allāh (swt) illuminate our hearts, enlighten our minds and purify our thoughts, words and actions through the Qur'ān.

This workbook is dedicated to an inspirational young girl, Marhumah Khadijah Walji, and her love of Sūrah Al-Naba'. Please recite Sūrah Al-Fātihah for Marhumah Khadijah and all Marhumeen.

# HIFDH TIPS

Just like any good deed, start with a pure intention; to read, reflect and memorise the Holy Qurʾān for the pleasure of Allāh (swt) and to gain proximity to Him. Be in wudhū and face qiblah if possible while reading the Qurʾān. Try to find a place that is quiet and free from distractions and choose times of day when you are alert to work on your hifdh. Continuously ask for Allāh (swt)'s help and recite one of the supplications taught by the Ahlulbayt (as) before reading the Qurʾān.

There are lots of methods to memorise the Qurʾān, such as the rule of 5 shown below. Try a few methods and choose one that works best for you.



Each day, when you start memorising a new verse or verses, add in your chosen translation and think about what you can learn from it. There's a quiz at the end of the booklet to test your knowledge and some reflection points, as well as a space for your own notes.

Try to recite the verses throughout the day from memory, and at the end of the day, test yourself - tick the verse if you've memorised it. Review the previous verses daily, so you don't forget what you've already memorised!

# SŪRAH OVERVIEW

Sūrah Al-Naba' (the News, Announcement or Event) is the 78th chapter of the Holy Qur'ān and is a Meccan sūrah comprising of 40 verses. The sūrah is also known as 'Amma, Tasā'ul and Mu'sirāt, all words mentioned within it.

Sūrah Al-Naba' begins with a question and ends with a warning. The sūrah discusses the scepticism and mockery of the disbelievers about the Day of Judgement, with a repeated assurance that they would realise the truth of it soon. The sūrah then describes some the manifestations of Allāh (swt)'s power in the heavens and the earth. It mentions specific bounties given to man, before moving on to the theme of the Day of Judgement, reminding us of the transient nature of the worldly life. Sūrah Al-Naba' contains graphic descriptions of what will happen on the Day of Judgement, the punishment of the people of hell, the rewards that will be enjoyed by the people of heaven, and a warning that we will all be held accountable for our deeds.



# SŪRAH SUMMARY

## **Verses 1-5:**

People arguing about the great event - they will soon come to know about it.

## **Verses 6-16:**

Description of the bounties granted to man including the earth, mountains, heavens, night, day, rain and gardens.

## **Verses 17-20:**

A vivid description of the great event; the Day of Separation (Judgement).

## **Verses 21-30:**

The fate of the transgressors in the hereafter.

## **Verses 31-37:**

The rewards for the righteous in the hereafter.

## **Verses 38-40:**

A final warning that man will see what he sent forth on that day and the disbelievers' immense regret.

# سورة النبأ

No.	Translation	Verse	✓
1		عَمَّ يَتَسَاءَلُونَ ﴿١﴾	<input type="checkbox"/>
2		عَنِ النَّبِيِّ الْعَظِيمِ ﴿٢﴾	<input type="checkbox"/>
3		الَّذِي هُمْ فِيهِ مُخْتَلِفُونَ ﴿٣﴾	<input type="checkbox"/>
4		كَلَّا سَيَعْلَمُونَ ﴿٤﴾	<input type="checkbox"/>
5		ثُمَّ كَلَّا سَيَعْلَمُونَ ﴿٥﴾	<input type="checkbox"/>
6		أَلَمْ نَجْعَلِ الْأَرْضَ مِهَادًا ﴿٦﴾	<input type="checkbox"/>
7		وَالجِبَالَ أَوْتَادًا ﴿٧﴾	<input type="checkbox"/>
8		وَخَلَقْنَاكُمْ أَزْوَاجًا ﴿٨﴾	<input type="checkbox"/>
9		وَجَعَلْنَا نَوْمَكُمْ سُبَاتًا ﴿٩﴾	<input type="checkbox"/>

# سورة النبأ

No.	Translation	Verse	✓
10		وَجَعَلْنَا اللَّيْلَ لِيَاسًا ﴿١٠﴾	<input type="checkbox"/>
11		وَجَعَلْنَا النَّهَارَ مَعَاشًا ﴿١١﴾	<input type="checkbox"/>
12		وَبَيْنَنَا فَوْقَكُمْ سَبْعًا شَدَادًا ﴿١٢﴾	<input type="checkbox"/>
13		وَجَعَلْنَا سِرَاجًا وَهَّاجًا ﴿١٣﴾	<input type="checkbox"/>
14		وَأَنْزَلْنَا مِنَ الْمُعْصِرَاتِ مَاءً ثَبَّاجًا ﴿١٤﴾	<input type="checkbox"/>
15		لِنُخْرِجَ بِهِ حَبًّا وَنَبَاتًا ﴿١٥﴾	<input type="checkbox"/>
16		وَجَنَّاتٍ أَلْفَافًا ﴿١٦﴾	<input type="checkbox"/>
17		إِنَّ يَوْمَ الْفَصْلِ كَانَ مِيقَاتًا ﴿١٧﴾	<input type="checkbox"/>
18		يَوْمَ يُنْفَخُ فِي الصُّورِ فَتَأْتُونَ أَفْوَاجًا ﴿١٨﴾	<input type="checkbox"/>



# سورة النبأ

No.	Translation	Verse	✓
19		وَفُتِحَتِ السَّمَاءُ فَكَانَتْ أَبْوَابًا ﴿١٩﴾	<input type="checkbox"/>
20		وَسُيِّرَتِ الْجِبَالُ فَكَانَتْ سَرَابًا ﴿٢٠﴾	<input type="checkbox"/>
21		إِنَّ جَهَنَّمَ كَانَتْ مِرْصَادًا ﴿٢١﴾	<input type="checkbox"/>
22		لِلطَّاغِيَةِ مَابًا ﴿٢٢﴾	<input type="checkbox"/>
23		لَا يَثِينَ فِيهَا أَحْقَابًا ﴿٢٣﴾	<input type="checkbox"/>
24		لَا يَذُوقُونَ فِيهَا بَرْدًا وَلَا شَرَابًا ﴿٢٤﴾	<input type="checkbox"/>
25		إِلَّا حَمِيمًا وَغَسَّاقًا ﴿٢٥﴾	<input type="checkbox"/>
26		جَزَاءً وَفَاقًا ﴿٢٦﴾	<input type="checkbox"/>
27		إِنَّهُمْ كَانُوا لَا يَرْجُونَ حِسَابًا ﴿٢٧﴾	<input type="checkbox"/>

# سورة النبأ

No.	Translation	Verse	✓
28		وَكَذَّبُوا بِآيَاتِنَا كِذَابًا ﴿٢٨﴾	<input type="checkbox"/>
29		وَكُلَّ شَيْءٍ أَحْصَيْنَاهُ كِتَابًا ﴿٢٩﴾	<input type="checkbox"/>
30		فَذُوقُوا فَلَنْ نَزِيدَكُمْ إِلَّا عَذَابًا ﴿٣٠﴾	<input type="checkbox"/>
31		إِنَّ لِلْمُتَّقِينَ مَفَازًا ﴿٣١﴾	<input type="checkbox"/>
32		حَدَائِقَ وَأَعْنَابًا ﴿٣٢﴾	<input type="checkbox"/>
33		وَكَوَاعِبَ أَتْرَابًا ﴿٣٣﴾	<input type="checkbox"/>
34		وَكَأْسًا دِهَاقًا ﴿٣٤﴾	<input type="checkbox"/>
35		لَا يَسْمَعُونَ فِيهَا لَغْوًا وَلَا كِذَابًا ﴿٣٥﴾	<input type="checkbox"/>
36		جَزَاءً مِنْ رَبِّكَ عَطَاءً حِسَابًا ﴿٣٦﴾	<input type="checkbox"/>

# سورة النبأ

No.	Translation	Verse	✓
37		رَبِّ السَّمَاوَاتِ وَالْأَرْضِ وَمَا بَيْنَهُمَا الرَّحْمَنِ ۗ لَا يَمْلِكُونَ مِنْهُ خِطَابًا ﴿١﴾	<input type="checkbox"/>
38		يَوْمَ يَقُومُ الرُّوحُ وَالْمَلَائِكَةُ صَفًّا ۗ لَا يَتَكَلَّمُونَ إِلَّا مَنْ أذِنَ لَهُ الرَّحْمَنُ وَقَالَ صَوَابًا ﴿٢﴾	<input type="checkbox"/>
39		ذُلكَ الیومِ الحقُّ ۗ فَمَنْ شَاءَ اتَّخَذْ إِلَى رَبِّهِ مَآبًا ﴿٣﴾	<input type="checkbox"/>
40		إِنَّا أَنذَرْنَاكُمْ عَذَابًا قَرِيبًا يَوْمَ يَنْظُرُ الْمَرْءُ مَا قَدَّمَتْ يَدَاهُ وَيَقُولُ الْكَافِرُ يَا لَيْتَنِي كُنْتُ تُرَابًا ﴿٤﴾	<input type="checkbox"/>



# QUIZ

1. Where was Sūrah Al-Naba' revealed?

2. How many verses does Sūrah Al-Naba' contain?

3. What were the disbelievers in disagreement about?

4. Which phrase is repeated in verses 4 and 5 and what does it mean?

5. Name at least 5 of the signs of Allāh (swt)'s power listed in this sūrah?

6. Why were sleep, day and night created?

7. What does the "shining lamp" mentioned in verse 13 refer to?

8. Which verses refer to the water cycle which allows vegetation to grow?

9. How are the mountains described *before* and *on* the Day of Judgement?

10. What are two reasons why the transgressors will be sent to hell?

11. What things will not be heard in heaven?

12. What is the final warning given in the last verse of the sūrah?

# REFLECTIONS

## SEEKING THE TRUTH



The disbelievers mocked the Holy Prophet (saw) and asked questions with minds that were closed to the truth. My intention and attitude whilst seeking knowledge is important; am I open to new information and insight, or do I make up my mind first and then look for whatever validates it?

## THE BOUNTIES OF ALLĀH (SWT)



The perfectly designed system of creation in this world, and all of the bounties from Allāh (swt) are in place to help us achieve ultimate success in the hereafter. Does my daily activity actually benefit my hereafter, so that I am making progress each day, or am I just focused on this temporary life?

## AVOIDING VAIN TALK AND LIES



Vain talk and lies will not be heard in heaven; such words would not suit the dignity and sanctity of such a place. What is the quality of my language? Do I always support the truth, and do I focus on what is important, or do I waste my time discussing and listening to what will not benefit my soul?

## BEING HELD TO ACCOUNT



The sūrah reminds us that our hereafter is based on our beliefs and actions in this world, as success lies in sincere faith and righteous deeds. When I know this is the case, why do I sin? Am I truly aware that my thoughts, words and actions are being witnessed and I will be held to account for them?

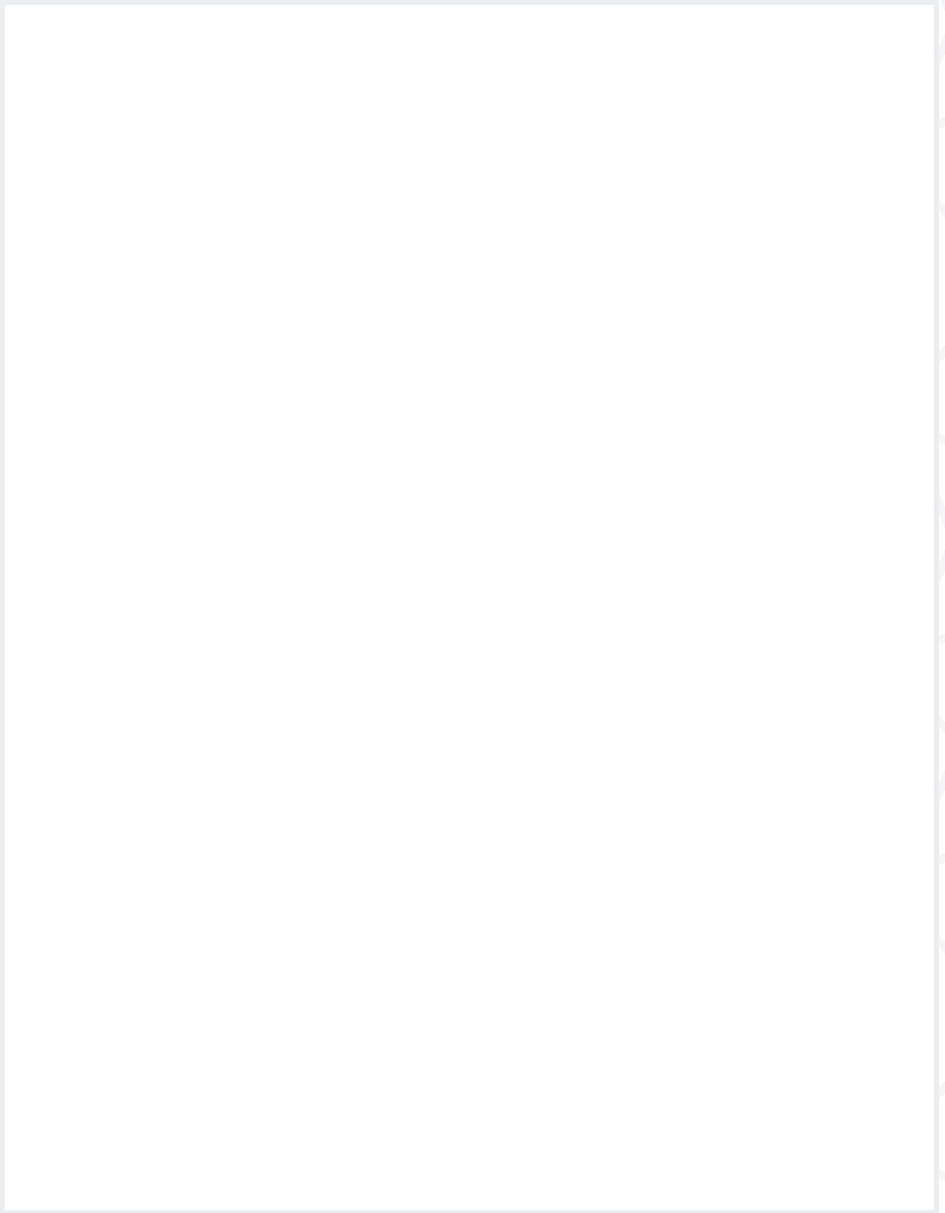
The page features a decorative background with a repeating geometric pattern of interlocking lines forming various polygons. In the top-left and top-right corners, there are clusters of colorful shapes: orange, purple, teal, and orange hexagons and octagons. The word "NOTES" is centered at the top in a bold, teal, sans-serif font.

# NOTES

A large, empty rectangular box with a thin grey border, occupying most of the page below the title. It is intended for the user to write their notes.

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The page features a repeating geometric pattern of interlocking stars and polygons in shades of purple, teal, and orange. At the top and bottom, there are larger, more complex decorative motifs in these colors, set against a background of a repeating pattern of light gray outlines of the same geometric shapes.

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