

HIFDH CHALLENGE



MEMORISE 30 VERSES IN 30 DAYS!









INTRODUCTION

Allāh (swt) says in the Holy Qur'ān:

"And certainly We have made the Qur'ān easy for remembrance, but is there anyone who will mind?"

(Sūrah Al-Qamar, 54:17)

This hifdh challenge workbook is designed as an introduction to the memorisation of the Qur'ān, helping you learn Sūrah Al-Mulk in 30 days or less, while reading and reflecting on its meaning.

May Allāh (swt) illuminate our hearts, enlighten our minds and purify our thoughts, words and actions through the Qur'ān.

Please recite Sūrah Al-Fātihah for all Marhumeen.



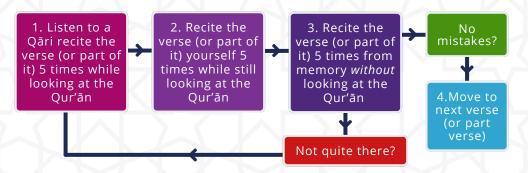




HIFDH TIPS

Just like any good deed, start with a pure intention; to read, reflect and memorise the Holy Qur'ān for the pleasure of Allāh (swt) and to gain proximity to Him. Be in wudhū and face qiblah if possible while reading the Qur'ān. Try to find a place that is quiet and free from distractions and choose times of day when you are alert to work on your hifdh. Continuously ask for Allāh (swt)'s help and recite one of the supplications taught by the Ahlulbayt (as) before reading the Qur'ān.

There are lots of methods to memorise the Qur'ān, such as the rule of 5 shown below. Try a few methods and choose one that works best for you.



Each day, when you start memorising a new verse or verses, add in your chosen translation and think about what you can learn from it. There's a quiz at the end of the booklet to test your knowledge and some reflection points, as well as a space for your own notes.

Try to recite the verses throughout the day from memory, and at the end of the day, test yourself - tick the verse if you've memorised it. Review the previous verses daily, so you don't forget what you've already memorised!







SŪRAH OVERVIEW

Sūrah Al-Mulk (the Kingdom or Sovereignty) is the 67th chapter of the Holy Qur'ān and is a Meccan sūrah. The sūrah is also known as Tabārak, which, like Al-Mulk, is mentioned in the first verse.

The sūrah discusses Allāh (swt)'s complete control over the entirety of creation, and reveals the ultimate purpose of death and life. It describes the beautiful harmony present in the creation of Allāh (swt), inviting man to study the universe and look at the creation of the heavens and celestial bodies, and challenging him to find any disorder. Sūrah Al-Mulk reminds us that Allāh (swt) is the All-Mighty, but also the All-Forgiving; forgiving and rewarding those who fear Him in secret. Allāh (swt) tells us in this sūrah that He knows what is in our hearts, as He is our Creator. The sūrah also contains vivid descriptions of hell, the reasons why people will be sent to it, and is a reminder of the danger of taking Allāh (swt)'s bounties for granted.







SŪRAH SUMMARY

Verses 1-5:

Blessed is Allāh (swt) Who has power over all things. Description of His creation.

Verses 6-14:

Punishment for those who defy Him and reward for those who fear Him - Allāh (swt) knows what is in the hearts, whether hidden or manifest.

Verses 15-19:

Description of creation of earth, the birds that fly and a warning of the punishment for those who reject the truth.

Verse 20-24:

Who can help you or provide you with sustenance besides Him? He is your Creator.

Verses 25-30:

Knowledge of the Day of Judgement is only with Allāh (swt). Who will protect the faithless?





No.	Translation	Verse	
1		تَبَارَكَ الَّذِي بِيَدِهِ الْمُلْكُ وَهُوَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ ۞	
2		الَّذِي خَلَقَ الْمَوْتَ وَالْحَيَاةَ لِيَبْلُوَكُمْ الْخَيَاةَ لِيَبْلُوَكُمْ أَحْسَنُ عَمَلًا ۚ وَهُوَ الْعَزِيزُ الْغَفُورُ ۚ الْغَفُورُ ۞	
3		الَّذِي خَلَقَ سَبْعَ سَمَاوَاتٍ طِبَاقًا اللهِ عَلَى اللهِ مَنْ مَا تَرَىٰ فِي خَلْقِ الرَّحْمَٰنِ مِنْ تَفَاوُتٍ فَارْجِعِ الْبَصَرَ هَلْ تَرَىٰ مِنْ فَطُورٍ \$	
4		ثُمَّ ارْجِعِ الْبَصَرَ كَرَّتَيْنِ يَنْقَلِبْ إِلَيْكَ الْبَصَرُ خَاسِئًا وَهُوَ حَسِيرٌ ۞	
5		وَلَقَدْ زَيَّنَّا السَّمَاءَ الدُّنْيَا بِمَصَابِيحَ وَجَعَلْنَاهَا رُجُومًا لِلشَّيَاطِينِ ﴿ وَأَعْتَدْنَا لَهُمْ عَذَابَ السَّعِيرِ ﴿	M



سورة الملك

No.	Translation	Verse	
6		وَلِلَّذِينَ كَفَرُوا بِرَبِّهِمْ عَذَابُ جَهَنَّمَ ﴿ وَبِعْسَ الْمَصِيرُ ۞	
7		إِذَا أُلْقُوا فِيهَا سَمِعُوا لَهَا شَهِيقًا وَهِيَ تَفُورُ	
8		تَكَادُ تَمَيَّزُ مِنَ الْغَيْظِ مُ كُلَّمَا أُلْقِيَ فِيهَا فَوْجٌ سَأَلَهُمْ خَزَنَتُهَا أَلَمْ يَأْتِكُمْ فَيَقْ لَكُمْ فَذِيرٌ هَا لَكُمْ يَأْتِكُمْ فَذِيرٌ هَا	
9		قَالُوا بَلَىٰ قَدْ جَاءَنَا نَذِيرٌ فَكَذَّبْنَا وَقُلْنَا مَا نَزَّلَ اللَّهُ مِنْ شَيْءٍ إِنْ أَنْتُمْ إِلَّا فِي ضَلَالٍ كَبِيرٍ۞	
10		وَقَالُوا لَوْ كُنَّا نَسْمَعُ أَوْ نَعْقِلُ مَا كُنَّا فِي أَصْحَابِ السَّعِيرِ اللَّهِيرِ اللَّهِيرِ اللَّهُ عَلَى اللّهُ عَلَى اللَّهُ عَلَّى اللَّهُ عَلَى اللَّهُ عَلَّى اللَّهُ عَلَى اللَّهُ عَلَى اللَّهُ عَلَى اللَّهُ عَلَّهُ عَلَى اللَّهُ عَلَى اللَّهُ عَلَى اللَّهُ عَلَى اللَّهُ عَلَّ اللَّهُ عَلَّهُ عَلَّلَّ عَلَّا عَلَى اللَّهُ عَلَّهُ عَلَّى اللَّهُ عَلَّى اللَّهُ عَ	
11		فَاعْتَرَفُوا بِذَنْبِهِمْ فَسُحْقًا لِأَصْحَابِ السَّعِيرِ ۞	





سورة الملك

No.	Translation	Verse	
12		إِنَّ الَّذِينَ يَخْشَوْنَ رَبَّهُمْ بِالْغَيْبِ لَهُمْ مَغْفِرَةٌ وَأَجْرٌ كَبِيرٌ ۗ	
13		وَأُسِرُّوا قَوْلَكُمْ أَوِ اجْهَرُوا بِهِ ﴿ إِنَّهُ عَلِيمٌ بِذَاتِ الصُّدُورِ ﴾ عَلِيمٌ بِذَاتِ الصُّدُورِ ﴾	
14		أَلَا يَعْلَمُ مَنْ خَلَقَ وَهُوَ اللَّطِيفُ الْخَبِيرُ\$	
15		هُوَ الَّذِي جَعَلَ لَكُمُ الْأَرْضَ ذَلُولًا فَامْشُوا فِي مَنَاكِبِهَا وَكُلُوا مِنْ رِزْقِهِ فَامْشُوا فِي مَنَاكِبِهَا وَكُلُوا مِنْ رِزْقِهِ فَامْشُورُ فَي النَّشُورُ فَي	
16		أَأَمِنْتُمْ مَنْ فِي السَّمَاءِ أَنْ يَخْسِفَ بِكُمُ الْأَرْضَ فَإِذَا هِيَ تَمُورُ۞	
17		أَمْ أَمِنْتُمْ مَنْ فِي السَّمَاءِ أَنْ يُرْسِلَ عَلَيْكُمْ حَاصِبًا ۖ فَسَتَعْلَمُونَ كَيْفَ نَذِيرِ ۞	





سورة الملك

No.	Translation	Verse	
18		وَلَقَدْ كَذَّبَ الَّذِينَ مِنْ قَبْلِهِمْ فَكَيْفَ كَانَ نَكِيرِ	
19		أُولَمْ يَرَوْا إِلَى الطَّيْرِ فَوْقَهُمْ صَافَّاتٍ وَيَقْبِضْنَ مَا يُمْسِكُهُنَّ إِلَّا الرَّحْمَٰنُ وَيَقْبِضْنَ مَا يُمْسِكُهُنَّ إِلَّا الرَّحْمَٰنُ وَيَقْبِضْنَ مَا يُمْسِكُهُنَّ إِلَّا الرَّحْمَٰنُ وَيَقْبِضُنَ إِلَّا الرَّحْمَٰنُ وَاللَّهُ بِكُلِّ شَيْءٍ بَصِيرُ ﴿	
20		أَمَّنْ هَٰذَا الَّذِي هُوَ جُنْدٌ لَكُمْ يَنْصُرُكُمْ مِنْ دُونِ الرَّحْمَٰنِ ۚ إِنِ الْكَافِرُونَ إِلَّا فِي غُرُورٍ۞	
21		أَمَّنْ هَٰذَا الَّذِي يَرْزُقُكُمْ إِنْ أَمْسَكَ رِزْقَهُ ۚ بَلْ لَجُّوا فِي عُتُوِّ وَنُفُورٍ ۚ	
22		أَفَمَنْ يَمْشِي مُكِبًّا عَلَىٰ وَجْهِهِ أَهْدَىٰ أَمَّنْ يَمْشِي سَوِيًّا عَلَىٰ صِرَاطٍ مُسْتَقِيمٍ۞	





No.	Translation	Verse	
23		قُلْ هُوَ الَّذِي أَنْشَأَكُمْ وَجَعَلَ لَكُمُ السَّمْعَ وَالْأَبْصَارَ وَالْأَفْئِدَةُ ۖ قَلِيلًا مَا تَشْكُرُونَ ۞	
24		قُلْ هُوَ الَّذِي ذَرَأَكُمْ فِي الْأَرْضِ وَإِلَيْهِ تُحْشَرُونَ۞	
25		وَيَقُولُونَ مَتَىٰ هَٰذَا الْوَعْدُ إِنْ كُنْتُمْ صَادِقِينَ \$	
26		قُلْ إِنَّمَا الْعِلْمُ عِنْدَ اللَّهِ وَإِنَّمَا أَنَا نَذِيرٌ مُبِينٌ ۞	
27		فَلَمَّا رَأُوْهُ زُلْفَةً سِيئَتْ وُجُوهُ الَّذِينَ كَفَرُوا وَقِيلَ هَٰذَا الَّذِي كُنْتُمْ بِهِ تَدَّعُونَ۞	





No.	Translation	Verse	/
28		قُلْ أَرَأَيْتُمْ إِنْ أَهْلَكَنِيَ اللَّهُ وَمَنْ مَعِيَ أَوْ رَحِمَنَا فَمَنْ يُجِيرُ الْكَافِرِينَ مِنْ عَذَابٍ أَلِيمٍ	
29		قُلْ هُوَ الرَّحْمَٰنُ آمَنَّا بِهِ وَعَلَيْهِ تَوَكَّلْنَا ۖ فَسَتَعْلَمُونَ مَنْ هُوَ فِي ضَلَالٍ مُبِينٍ۞	
30		قُلْ أَرَأَيْتُمْ إِنْ أَصْبَحَ مَاؤُكُمْ غَوْرًا فَمَنْ يَأْتِيكُمْ بِمَاءٍ مَعِينٍ۞	





QUIZ

1. Where was Suran Al-Mulk revealed?	
2. How many verses does Sūrah Al-Mulk contain?	
3. Why did Allāh (swt) create death and life?	
4. How many heavens are mentioned in this sūrah?	
5. What has Allāh (swt) adorned the lowest heaven with?	
6. What is the destination of those who disbelieve?	
7. What will the keepers of hell ask the disbelievers?	
8. What did the people in hell do when a warner came to them?	
9. What should they have done instead to save themselves from the	fire?
10. Who will be granted forgiveness and a great reward?	
11. In which verse does Allāh (swt) mention ears, eyes and hearts?	
12. Which verse shows the best guide is one who never bowed to fal	se gods?





REFLECTIONS



THE PURPOSE OF DEATH AND LIFE

Death and life are created by Allāh (swt) to test us and see how virtuous and sincere our deeds are. I need to keep my intentions pure, only seeking proximity to Allāh (swt) as the ultimate reward is with Him. Do I do this, or do I seek appreciation and recognition from others for my good deeds?



ALLĀH (SWT) IS ALL-KNOWING

Al-Khabīr (the All-Knowing) is usually mentioned alongside Al-Latīf (the All-Subtle) in the Qur'ān, as there is no limit to Allāh (swt)'s awareness of every aspect of creation. Am I God-conscious when I am alone knowing that I am in His presence, or do I act better when I am in the company of others?



THE PATH TO HELL

Not listening and not using reason are two of the factors that take people to hell. These factors lead to ghurūr (delusion), lajju (stubbornness), 'utūw (insolence) and nufūr (aversion to truth). How open am I to knowledge? Am I making an effort to learn what is useful, understand, ponder and act on it?



FAITH AND TRUST IN ALLĀH (SWT)

Faith in Allāh (swt) includes contentment with His decree (ridā), trust and reliance on Him (tawakkul), entrusting all of our affairs to Him (tafwīd) and total submission to His commands (taslīm). How far have I been able to manifest these attributes in myself, and what can I do to increase them?

